**First Symposia/CME - Delhi Chapter ISAR : 15th May 2015**

***Recent Advances In Cardiovasular Diseases***

The First Symposia of Delhi Chapter – Indian Society for Atherosclerosis Research (DC – ISAR) on Recent Advances In Cardiovasular Diseases was organized by DC-ISAR and Deptt of biochemistry , Lady Hardinge Medical College on 15th May 2015.

It was a proud privilege to organize the first CME of Delhi Chapter-ISAR . The first session started with poster presentations of researchers on different aspects of atherosclerosis. It had participation from different disciplines and esteemed Institutions like AIIMS,MAMC,LHMC,UCMS ,RMLH ,Medanta Medicity and Escorts Hospitals. It emerged as an excellent platform for the delegates and researchers to discuss their research on different aspects of atherosclerosis.

This was followed by a session of quiz competition which was enthusiastically contested by teams involving members from different institutions. There was a stall set up for calculating 10yr risk of MI as per ProCam Trial which was offered to all delegates.

Inauguration of CME took place with chief guest Dr. Sanjay Tyagi, Director G.B. Pant Hospital ,Dr. Atul Murari, Director ,LHMC & Assoc Hospitals,; Dr. Jayashree Bhattacharjee, Principal ,VMMC & SJ Hospital and President DC-ISAR ; ,Dr. Ritu Singh,Professor Biochemistry LHMC and Secretary DC-ISAR :; and Dr. Anju Jain ,HOD , Biochemistry,LHMC.

The Newsletter of DC-ISAR was released by the Chief Guest and dignitaries on the dias .

This was followed by an excellent talk on “Update on Acute Coronary Syndrome :Diagnosis & Management” by chief guest and invited speaker Dr Sanjay Tyagi ,Director ,GB Pant Hospital. He elaborated on clinical, electrocardiographic and biochemical markers for diagnosis, risk stratification and also the difference in management of ST-segment elevation and non ST-elevation MI.

Second invited talk on “Quest towards identifying markers for Coronary artery Disease:A proteometabolomic approach” was by Dr. Shantanu Sen Gupta ,from CSIR Institute of Genomics and Integrative Biology ,New Delhi. He shared the findings of their research about iTRAQ based proteomic analysis followed by LC-MS based non targeted metabolomic approach to identify metabolites whose levels are significantly altered in CAD patient samples compared to controls.

Both the sessions were very well appreciated by delegates and involved active discussion with the invited speakers. These were followed by valedictory session with prize distribution for poster session and quiz competition.

The symposia ended with vote of thanks to the invited speakers and all delegates.

The Organizing Chairperson and Secretary of the Symposia were Dr J Bhattacharjee and Dr Ritu Singh, respectively with , Dr Parul Goyal Dr RML Hospital and Dr Amita Yadav LHMC the joint Organizing secretaries . Dr Jagriti Bhatia was the treasurer for the CME.

The CME was a grant success and heralds the First Chapter of Indian Society for Atherosclerosis Research . We look forward to Delhi ISAR being a platform for sharing recent updates on etiopathogenesis , diagnosis and treatment Atherosclerosis and CAD.